

**BEFORE THE
MEDICAL BOARD OF CALIFORNIA
DEPARTMENT OF CONSUMER AFFAIRS
STATE OF CALIFORNIA**

**In the Matter of the Accusation
Against:**

DAVID MICHAEL KOLINSKY, M.D.

Case No. 800-2016-024569

**Physician's and Surgeon's
Certificate No. A60010**

Respondent

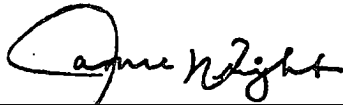
DECISION

The attached Stipulated Settlement and Disciplinary Order is hereby adopted as the Decision and Order of the Medical Board of California, Department of Consumer Affairs, State of California.

This Decision shall become effective at 5:00 p.m. on September 29, 2017.

IT IS SO ORDERED: August 31, 2017.

MEDICAL BOARD OF CALIFORNIA



**Jamie Wright, JD, Chair
Panel A**

1 XAVIER BECERRA
Attorney General of California
2 JANE ZACK SIMON
Supervising Deputy Attorney General
3 LAWRENCE MERCER
Deputy Attorney General
4 State Bar No. 111898
455 Golden Gate Avenue, Suite 11000
5 San Francisco, CA 94102-7004
Telephone: (415) 703-5539
6 Facsimile: (415) 703-5480
Attorneys for Complainant
7

8 **BEFORE THE**
MEDICAL BOARD OF CALIFORNIA
9 **DEPARTMENT OF CONSUMER AFFAIRS**
STATE OF CALIFORNIA

10 In the Matter of the Accusation Against:

Case No. 800-2016-024569

11 **DAVID KOLINSKY, M.D.**
12 **2511 Garden Road, Suite C125**
Monterey, CA 93940

STIPULATED SETTLEMENT AND
DISCIPLINARY ORDER

13 Physician's and Surgeon's certificate
14 No. A60010.

15 Respondent.

16
17 IT IS HEREBY STIPULATED AND AGREED by and between the parties to the above-
18 entitled proceedings that the following matters are true:

19 PARTIES

20 1. Kimberly Kirchmeyer (Complainant) is the Executive Director of the Medical Board
21 of California (Board). She brought this action solely in her official capacity and is represented in
22 this matter by Xavier Becerra, Attorney General of the State of California, by Lawrence Mercer,
23 Deputy Attorney General.

24 2. Respondent David Kolinsky, M.D., is represented in this matter by his attorney
25 Lawrence E. Biegel, Esq., whose address is: 2801 Monterey-Salinas Hwy, Suite A, Monterey, CA
26 93940.
27
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3. On or about April 12, 1996, the Medical Board issued Physician's and Surgeon's certificate Number A60010 to David Kolinsky, M.D. (Respondent). Said certificate was at all relevant times current and valid. Unless renewed, it will expire on April 30, 2018.

JURISDICTION

4. Accusation No. 800-2016-024569 was duly filed before the Medical Board of California, Department of Consumer Affairs on January 4, 2017. The First Amended Accusation (hereinafter referred to as the Accusation) was filed and served on June 29, 2017, and is currently pending against Respondent. A copy of Accusation No. 800-2016-024569 is attached as exhibit A and incorporated herein by reference.

ADVISEMENT AND WAIVERS

5. Respondent has carefully read, fully discussed with counsel, and understands the charges and allegations in Accusation No. 800-2016-024569. Respondent has also carefully read, fully discussed with counsel, and understands the effects of this Stipulated Settlement and Disciplinary Order.

6. Respondent is fully aware of his legal rights in this matter, including the right to a hearing on the charges and allegations in the Accusation; the right to confront and cross-examine the witnesses against him; the right to present evidence and to testify on his own behalf; the right to the issuance of subpoenas to compel the attendance of witnesses and the production of documents; the right to reconsideration and court review of an adverse decision; and all other rights accorded by the California Administrative Procedure Act and other applicable laws.

7. Respondent voluntarily, knowingly, and intelligently waives and gives up each and every right set forth above.

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CULPABILITY

8. Respondent does not contest that, at an administrative hearing, complainant could establish a *prima facie* case with respect to the charges and allegations in Accusation No. 800-2016-024569 and that he has thereby subjected his license to disciplinary action.

9. Respondent agrees that his Physician's and Surgeon's Certificate Number A60010 is subject to discipline and he agrees to be bound by the Board's probationary terms as set forth in the Disciplinary Order below.

10. Respondent agrees that if he ever petitions for early termination or modification of probation, or if the Board ever petitions for revocation of probation, all of the charges and allegations in Accusation No. 800-2016-024569 shall be deemed true, correct and fully admitted by Respondent for purposes of that proceeding and any other licensing proceeding involving Respondent in the State of California.

CONTINGENCY

11. This stipulation shall be subject to approval by the Board. Respondent understands and agrees that counsel for Complainant and the staff of the Board may communicate directly with the Board regarding this stipulation and settlement, without notice to or any participation by Respondent or his counsel. By signing the stipulation, Respondent understands and agrees that he may not withdraw his agreement or seek to rescind the stipulation prior to the time the Board considers and acts upon it. If the Board fails to adopt this stipulation as its Decision and Order, the Stipulated and Settlement and Disciplinary Order shall be of no force or effect, except for this paragraph, it shall be inadmissible in any legal action between the parties, and the Board shall not be disqualified from further action by having considered this matter.

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12. The parties understand and agree that Portable Document Format (PDF) and facsimile copies of this Stipulated Settlement and Disciplinary Order, including PDF and facsimile signatures thereto, shall have the same force and effect as the originals.

13. In consideration of the foregoing admissions and stipulations, the parties agree that the Board may, without further notice or formal proceeding, issue and enter the following Disciplinary Order:

DISCIPLINARY ORDER

IT IS HEREBY ORDERED that Physician's and Surgeon's Certificate Number A60010 issued to Respondent David Kolinsky, M.D. is revoked. However, the revocation is stayed and Respondent is placed on probation for five (5) years on the following terms and conditions.

1. CLINICAL COMPETENCE ASSESSMENT PROGRAM. Within 60 calendar days of the effective date of this Decision, Respondent shall enroll in a clinical competence assessment program approved in advance by the Board or its designee. Respondent shall successfully complete the program not later than nine (9) months after Respondent's initial enrollment unless the Board or its designee agrees in writing to an extension of that time.

The program shall consist of a comprehensive assessment of Respondent's physical and mental health and the six general domains of clinical competence as defined by the Accreditation Council on Graduate Medical Education and American Board of Medical Specialties pertaining to Respondent's current or intended area of practice. The program shall take into account data obtained from the pre-assessment, self-report forms and interview, and the Decision(s), Accusation(s), and any other information that the Board or its designee deems relevant. The program shall require Respondent's on-site participation for a minimum of three (3) and no more than five (5) days as determined by the program for the assessment and clinical education evaluation. Respondent shall pay all expenses associated with the clinical competence assessment program.

At the end of the evaluation, the program will submit a report to the Board or its designee which unequivocally states whether the Respondent has demonstrated the ability to practice

1 safely and independently. Based on Respondent's performance on the clinical competence
2 assessment, the program will advise the Board or its designee of its recommendation(s) for the
3 scope and length of any additional educational or clinical training, evaluation or treatment for any
4 medical condition or psychological condition, or anything else affecting Respondent's practice of
5 medicine. Respondent shall comply with the program's recommendations.

6 Determination as to whether Respondent successfully completed the clinical competence
7 assessment program is solely within the program's jurisdiction.

8 If Respondent fails to enroll, participate in, or successfully complete the clinical
9 competence assessment program within the designated time period, Respondent shall receive a
10 notification from the Board or its designee to cease the practice of medicine within three (3)
11 calendar days after being so notified. The Respondent shall not resume the practice of medicine
12 until enrollment or participation in the outstanding portions of the clinical competence assessment
13 program have been completed. If the Respondent did not successfully complete the clinical
14 competence assessment program, the Respondent shall not resume the practice of medicine until a
15 final decision has been rendered on the accusation and/or a petition to revoke probation. The
16 cessation of practice shall not apply to the reduction of the probationary time period.

17 2. MONITORING - PRACTICE. Within 30 calendar days of the effective date of
18 this Decision, Respondent shall submit to the Board or its designee for prior approval as a
19 practice monitor, the name and qualifications of one or more licensed physicians and surgeons
20 whose licenses are valid and in good standing, and who are preferably American Board of
21 Medical Specialties (ABMS) certified. A monitor shall have no prior or current business or
22 personal relationship with Respondent, or other relationship that could reasonably be expected to
23 compromise the ability of the monitor to render fair and unbiased reports to the Board, including
24 but not limited to any form of bartering, shall be in Respondent's field of practice, and must agree
25 to serve as Respondent's monitor. Respondent shall pay all monitoring costs.

26 The Board or its designee shall provide the approved monitor with copies of the Decision(s)
27 and Accusation(s), and a proposed monitoring plan. Within 15 calendar days of receipt of the
28 Decision(s), Accusation(s), and proposed monitoring plan, the monitor shall submit a signed

1 statement that the monitor has read the Decision(s) and Accusation(s), fully understands the role
2 of a monitor, and agrees or disagrees with the proposed monitoring plan. If the monitor disagrees
3 with the proposed monitoring plan, the monitor shall submit a revised monitoring plan with the
4 signed statement for approval by the Board or its designee.

5 Within 60 calendar days of the effective date of this Decision, and continuing throughout
6 probation, Respondent's practice shall be monitored by the approved monitor. Respondent shall
7 make all records available for immediate inspection and copying on the premises by the monitor
8 at all times during business hours and shall retain the records for the entire term of probation.

9 If Respondent fails to obtain approval of a monitor within 60 calendar days of the effective
10 date of this Decision, Respondent shall receive a notification from the Board or its designee to
11 cease the practice of medicine within three (3) calendar days after being so notified. Respondent
12 shall cease the practice of medicine until a monitor is approved to provide monitoring
13 responsibility.

14 The monitor(s) shall submit a quarterly written report to the Board or its designee which
15 includes an evaluation of Respondent's performance, indicating whether Respondent's practices
16 are within the standards of practice of medicine, and whether Respondent is practicing medicine
17 safely, billing appropriately or both. It shall be the sole responsibility of Respondent to ensure
18 that the monitor submits the quarterly written reports to the Board or its designee within 10
19 calendar days after the end of the preceding quarter.

20 If the monitor resigns or is no longer available, Respondent shall, within 5 calendar days of
21 such resignation or unavailability, submit to the Board or its designee, for prior approval, the
22 name and qualifications of a replacement monitor who will be assuming that responsibility within
23 15 calendar days. If Respondent fails to obtain approval of a replacement monitor within 60
24 calendar days of the resignation or unavailability of the monitor, Respondent shall receive a
25 notification from the Board or its designee to cease the practice of medicine within three (3)
26 calendar days after being so notified. Respondent shall cease the practice of medicine until a
27 replacement monitor is approved and assumes monitoring responsibility.

28 In lieu of a monitor, Respondent may participate in a professional enhancement program

1 approved in advance by the Board or its designee that includes, at minimum, quarterly chart
2 review, semi-annual practice assessment, and semi-annual review of professional growth and
3 education. Respondent shall participate in the professional enhancement program at Respondent's
4 expense during the term of probation.

5 3. CONTROLLED SUBSTANCES - MAINTAIN RECORDS: Respondent shall
6 maintain a record of all controlled substances ordered, prescribed, dispensed, administered, or
7 possessed by Respondent, and any recommendation or approval which enables a patient or
8 patient's primary caregiver to possess or cultivate marijuana for the personal medical purposes of
9 the patient within the meaning of Health and Safety Code section 11362.5, during probation,
10 showing all the following: 1) the name and address of patient; 2) the date; 3) the character and
11 quantity of controlled substances involved; and 4) the indications and diagnosis for which the
12 controlled substances were furnished.

13 Respondent shall keep these records in a separate file or ledger, in chronological order. All
14 records and any inventories shall be available for immediate inspection and copying on the
15 premises by the Board or its designee at all times during business hours and shall be retained for
16 the entire term of probation.

17 4. PRESCRIBING PRACTICES COURSE. Within 60 calendar days of the effective
18 date of this Decision, Respondent shall enroll in a course in prescribing practices approved in
19 advance by the Board or its designee. Respondent shall provide the approved course provider
20 with any information and documents that the approved course provider may deem pertinent.
21 Respondent shall participate in and successfully complete the classroom component of the course
22 not later than six (6) months after Respondent's initial enrollment. Respondent shall successfully
23 complete any other component of the course within one (1) year of enrollment. The prescribing
24 practices course shall be at Respondent's expense and shall be in addition to the Continuing
25 Medical Education (CME) requirements for renewal of licensure.

26 A prescribing practices course taken after the acts that gave rise to the charges in the
27 Accusation, but prior to the effective date of the Decision may, in the Board's discretion, be
28 accepted towards the fulfillment of this condition if the course would have been approved by the

1 Board or its designee had the course been taken after the effective date of this Decision.

2 Respondent shall submit a certification of successful completion to the Board or its
3 designee not later than 15 calendar days after successfully completing the course, or not later than
4 15 calendar days after the effective date of the Decision, whichever is later.

5 5. MEDICAL RECORD KEEPING COURSE. Within 60 calendar days of the
6 effective date of this Decision, Respondent shall enroll in a course in medical record keeping
7 approved in advance by the Board or its designee. Respondent shall provide the approved course
8 provider with any information and documents that the approved course provider may deem
9 pertinent. Respondent shall participate in and successfully complete the classroom component of
10 the course not later than six (6) months after Respondent's initial enrollment. Respondent shall
11 successfully complete any other component of the course within one (1) year of enrollment. The
12 medical record keeping course shall be at Respondent's expense and shall be in addition to the
13 Continuing Medical Education (CME) requirements for renewal of licensure.

14 A medical record keeping course taken after the acts that gave rise to the charges in the
15 Accusation, but prior to the effective date of the Decision will be accepted towards the fulfillment
16 of this condition if the course would have been approved by the Board or its designee had the
17 course been taken after the effective date of this Decision.

18 Respondent shall submit a certification of successful completion to the Board or its
19 designee not later than 15 calendar days after successfully completing the course, or not later than
20 15 calendar days after the effective date of the Decision, whichever is later.

21 6. EDUCATION COURSE: Within 60 calendar days of the effective date of this
22 Decision, and on an annual basis thereafter, Respondent shall submit to the Board or its designee
23 for its prior approval educational program(s) or course(s) which shall not be less than 30 hours
24 per year, for each year of probation. The educational program(s) or course(s) shall be aimed at
25 correcting any areas of deficient practice or knowledge and shall be Category I certified. The
26 educational program(s) or course(s) shall be at Respondent's expense and shall be in addition to
27 the Continuing Medical Education (CME) requirements for renewal of licensure. Following the
28 completion of each course, the Board or its designee may administer an examination to test

Respondent's knowledge of the course. Respondent shall provide proof of attendance for 55 hours of CME of which 30 hours were in satisfaction of this condition.

7. NOTIFICATION. Within seven (7) days of the effective date of this Decision, the Respondent shall provide a true copy of this Decision and Accusation to the Chief of Staff or the Chief Executive Officer at every hospital where privileges or membership are extended to Respondent, at any other facility where Respondent engages in the practice of medicine, including all physician and locum tenens registries or other similar agencies, and to the Chief Executive Officer at every insurance carrier which extends malpractice insurance coverage to Respondent. Respondent shall submit proof of compliance to the Board or its designee within 15 calendar days.

This condition shall apply to any change(s) in hospitals, other facilities or insurance carrier.

8. SUPERVISION OF PHYSICIAN ASSISTANTS AND ADVANCED PRACTICE NURSES. During probation, Respondent is prohibited from supervising physician assistants and advanced practice nurses.

9. OBEY ALL LAWS. Respondent shall obey all federal, state and local laws, all rules governing the practice of medicine in California and remain in full compliance with any court ordered criminal probation, payments, and other orders.

10. QUARTERLY DECLARATIONS. Respondent shall submit quarterly declarations under penalty of perjury on forms provided by the Board, stating whether there has been compliance with all the conditions of probation.

Respondent shall submit quarterly declarations not later than 10 calendar days after the end of the preceding quarter.

11. GENERAL PROBATION REQUIREMENTS.

Compliance with Probation Unit

Respondent shall comply with the Board's probation unit.

Address Changes

Respondent shall, at all times, keep the Board informed of Respondent's business and residence addresses, email address (if available), and telephone number. Changes of such

addresses shall be immediately communicated in writing to the Board or its designee. Under no circumstances shall a post office box serve as an address of record, except as allowed by Business and Professions Code section 2021(b).

Place of Practice

Respondent shall not engage in the practice of medicine in Respondent's or patient's place of residence, unless the patient resides in a skilled nursing facility or other similar licensed facility.

License Renewal

Respondent shall maintain a current and renewed California physician's and surgeon's license.

Travel or Residence Outside California

Respondent shall immediately inform the Board or its designee, in writing, of travel to any areas outside the jurisdiction of California which lasts, or is contemplated to last, more than thirty (30) calendar days.

In the event Respondent should leave the State of California to reside or to practice, Respondent shall notify the Board or its designee in writing 30 calendar days prior to the dates of departure and return.

12. INTERVIEW WITH THE BOARD OR ITS DESIGNEE. Respondent shall be available in person upon request for interviews either at Respondent's place of business or at the probation unit office, with or without prior notice throughout the term of probation.

13. NON-PRACTICE WHILE ON PROBATION. Respondent shall notify the Board or its designee in writing within 15 calendar days of any periods of non-practice lasting more than 30 calendar days and within 15 calendar days of Respondent's return to practice. Non-practice is defined as any period of time Respondent is not practicing medicine as defined in Business and Professions Code sections 2051 and 2052 for at least 40 hours in a calendar month in direct patient care, clinical activity or teaching, or other activity as approved by the Board. If Respondent resides in California and is considered to be in non-practice, Respondent shall comply with all terms and conditions of probation. All time spent in an intensive training

1 program which has been approved by the Board or its designee shall not be considered non-
2 practice and does not relieve Respondent from complying with all the terms and conditions of
3 probation. Practicing medicine in another state of the United States or Federal jurisdiction while
4 on probation with the medical licensing authority of that state or jurisdiction shall not be
5 considered non-practice. A Board-ordered suspension of practice shall not be considered as a
6 period of non-practice.

7 In the event Respondent's period of non-practice while on probation exceeds 18 calendar
8 months, Respondent shall successfully complete the Federation of State Medical Boards's Special
9 Purpose Examination, or, at the Board's discretion, a clinical competence assessment program
10 that meets the criteria of Condition 18 of the current version of the Board's "Manual of Model
11 Disciplinary Orders and Disciplinary Guidelines" prior to resuming the practice of medicine.

12 Respondent's period of non-practice while on probation shall not exceed two (2) years.

13 Periods of non-practice will not apply to the reduction of the probationary term.

14 Periods of non-practice for a Respondent residing outside of California will relieve
15 Respondent of the responsibility to comply with the probationary terms and conditions with the
16 exception of this condition and the following terms and conditions of probation: Obey All Laws;
17 General Probation Requirements; Quarterly Declarations; Abstain from the Use of Alcohol and/or
18 Controlled Substances; and Biological Fluid Testing..

19 14. COMPLETION OF PROBATION. Respondent shall comply with all financial
20 obligations (e.g., restitution, probation costs) not later than 120 calendar days prior to the
21 completion of probation. Upon successful completion of probation, Respondent's certificate shall
22 be fully restored.

23 15. VIOLATION OF PROBATION. Failure to fully comply with any term or
24 condition of probation is a violation of probation. If Respondent violates probation in any
25 respect, the Board, after giving Respondent notice and the opportunity to be heard, may revoke
26 probation and carry out the disciplinary order that was stayed. If an Accusation, or Petition to
27 Revoke Probation, or an Interim Suspension Order is filed against Respondent during probation,
28 the Board shall have continuing jurisdiction until the matter is final, and the period of probation

1 shall be extended until the matter is final.

2 16. LICENSE SURRENDER. Following the effective date of this Decision, if
3 Respondent ceases practicing due to retirement or health reasons or is otherwise unable to satisfy
4 the terms and conditions of probation, Respondent may request to surrender his or her license.
5 The Board reserves the right to evaluate Respondent's request and to exercise its discretion in
6 determining whether or not to grant the request, or to take any other action deemed appropriate
7 and reasonable under the circumstances. Upon formal acceptance of the surrender, Respondent
8 shall within 15 calendar days deliver Respondent's wallet and wall certificate to the Board or its
9 designee and Respondent shall no longer practice medicine. Respondent will no longer be subject
10 to the terms and conditions of probation. If Respondent re-applies for a medical license, the
11 application shall be treated as a petition for reinstatement of a revoked certificate.

12 17. PROBATION MONITORING COSTS. Respondent shall pay the costs associated
13 with probation monitoring each and every year of probation, as designated by the Board, which
14 may be adjusted on an annual basis. Such costs shall be payable to the Board and delivered to the
15 Board or its designee no later than January 31 of each calendar year.

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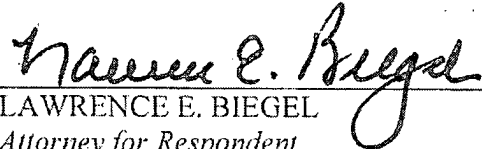
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ACCEPTANCE

I have carefully read the above Stipulated Settlement and Disciplinary Order and have fully discussed it with my attorney, Lawrence E. Biegel. I understand the stipulation and the effect it will have on my Physician's and Surgeon's Certificate. I enter into this Stipulated Settlement and Disciplinary Order voluntarily, knowingly, and intelligently, and agree to be bound by the Decision and Order of the Board.

DATED: 7/19/17 
DAVID KOLINSKY, M.D.
Respondent

I have read and fully discussed with Respondent David Kolinsky, M.D. the terms and conditions and other matters contained in the above Stipulated Settlement and Disciplinary Order. I approve its form and content.

DATED: 7-19-17 
LAWRENCE E. BIEGEL
Attorney for Respondent

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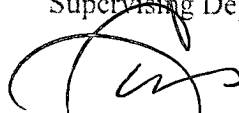
ENDORSEMENT

The foregoing Stipulated Settlement and Disciplinary Order is hereby respectfully submitted for consideration by the Board.

Dated: *July 21, 2017*

Respectfully submitted,

XAVIER BECERRA
Attorney General of California
JANE ZACK SIMON
Supervising Deputy Attorney General



LAWRENCE MERCER
Deputy Attorney General
Attorneys for Complainant

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EXHIBIT A

First Amended Accusation No. 800-2016-024569

1 XAVIER BECERRA
Attorney General of California
2 JANE ZACK SIMON
Supervising Deputy Attorney General
3 LAWRENCE MERCER
Deputy Attorney General
4 State Bar No. 111898
455 Golden Gate Avenue, Suite 11000
5 San Francisco, CA 94102-7004
Telephone: (415) 703-5539
6 Facsimile: (415) 703-5480
Attorneys for Complainant

FILED
STATE OF CALIFORNIA
MEDICAL BOARD OF CALIFORNIA
SACRAMENTO June 29 2017
BY: [Signature] ANALYST

7
8 **BEFORE THE**
9 **MEDICAL BOARD OF CALIFORNIA**
10 **DEPARTMENT OF CONSUMER AFFAIRS**
11 **STATE OF CALIFORNIA**

12 In the Matter of the First Amended Accusation
13 Against:

Case No. 800-2016-024569

14 **DAVID KOLINSKY, M.D.**
15 **2511 Garden Road, Suite C125**
16 **Monterey, CA 93940**

FIRST AMENDED ACCUSATION

17 **Physician's and Surgeon's Certificate**
18 **No. A60010,**

19 Respondent.

20 Complainant alleges:

21 **PARTIES**

- 22 1. Kimberly Kirchmeyer (Complainant) brings this First Amended Accusation solely in
23 her official capacity as the Executive Director of the Medical Board of California (Board).
24 2. On or about April 12, 1996, the Medical Board issued Physician's and Surgeon's
25 Certificate Number A60010 to David Kolinsky, M.D. (Respondent). Said certificate was at all
26 relevant times current and valid. Unless renewed, it will expire on April 30, 2018.

27 **JURISDICTION**

- 28 3. This First Amended Accusation is brought before the Board under the authority of the
following laws. All section references are to the Business and Professions Code unless otherwise
indicated.

1 4. Section 2227 of the Code provides that a licensee who is found guilty under the
2 Medical Practice Act may have his or her license revoked, suspended for a period not to exceed
3 one year, placed on probation and required to pay the costs of probation monitoring, or such other
4 action taken in relation to discipline as the Board deems proper.

5 5. Section 2234 of the Code, states:

6 “The board shall take action against any licensee who is charged with unprofessional
7 conduct. In addition to other provisions of this article, unprofessional conduct includes, but is not
8 limited to, the following:

9 “(a) Violating or attempting to violate, directly or indirectly, assisting in or abetting the
10 violation of, or conspiring to violate any provision of this chapter.

11 “(b) Gross negligence.

12 “(c) Repeated negligent acts. To be repeated, there must be two or more negligent acts or
13 omissions. An initial negligent act or omission followed by a separate and distinct departure from
14 the applicable standard of care shall constitute repeated negligent acts.

15 “(1) An initial negligent diagnosis followed by an act or omission medically appropriate
16 for that negligent diagnosis of the patient shall constitute a single negligent act.

17 “(2) When the standard of care requires a change in the diagnosis, act, or omission that
18 constitutes the negligent act described in paragraph (1), including, but not limited to, a
19 reevaluation of the diagnosis or a change in treatment, and the licensee's conduct departs from the
20 applicable standard of care, each departure constitutes a separate and distinct breach of the
21 standard of care.

22 “(d) Incompetence.

23 “(e) The commission of any act involving dishonesty or corruption which is substantially
24 related to the qualifications, functions, or duties of a physician and surgeon.

25 “(f) Any action or conduct which would have warranted the denial of a certificate.

26 “(g) The practice of medicine from this state into another state or country without meeting
27 the legal requirements of that state or country for the practice of medicine. Section 2314 shall not
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1 apply to this subdivision. This subdivision shall become operative upon the implementation of the
2 proposed registration program described in Section 2052.5.

3 “(h) The repeated failure by a certificate holder, in the absence of good cause, to attend and
4 participate in an interview by the board. This subdivision shall only apply to a certificate holder
5 who is the subject of an investigation by the board.”

6 6. Section 725 of the Code states:

7 “(a) Repeated acts of clearly excessive prescribing, furnishing, dispensing, or administering
8 of drugs or treatment, repeated acts of clearly excessive use of diagnostic procedures, or repeated
9 acts of clearly excessive use of diagnostic or treatment facilities as determined by the standard of
10 the community of licensees is unprofessional conduct for a physician and surgeon, dentist,
11 podiatrist, psychologist, physical therapist, chiropractor, optometrist, speech-language
12 pathologist, or audiologist.

13 “(b) Any person who engages in repeated acts of clearly excessive prescribing or
14 administering of drugs or treatment is guilty of a misdemeanor and shall be punished by a fine of
15 not less than one hundred dollars (\$100) nor more than six hundred dollars (\$600), or by
16 imprisonment for a term of not less than 60 days nor more than 180 days, or by both that fine and
17 imprisonment.

18 “(c) A practitioner who has a medical basis for prescribing, furnishing, dispensing, or
19 administering dangerous drugs or prescription controlled substances shall not be subject to
20 disciplinary action or prosecution under this section.

21 “(d) No physician and surgeon shall be subject to disciplinary action pursuant to this section
22 for treating intractable pain in compliance with Section 2241.5.”

23 7. Section 2242 of the Code states:

24 “(a) Prescribing, dispensing, or furnishing dangerous drugs as defined in Section 4022
25 without an appropriate prior examination and a medical indication, constitutes unprofessional
26 conduct.

27 //

28 //

1 “(b) No licensee shall be found to have committed unprofessional conduct within the
2 meaning of this section if, at the time the drugs were prescribed, dispensed, or furnished, any of
3 the following applies:

4 “(1) The licensee was a designated physician and surgeon or podiatrist serving in the
5 absence of the patient's physician and surgeon or podiatrist, as the case may be, and if the drugs
6 were prescribed, dispensed, or furnished only as necessary to maintain the patient until the return
7 of his or her practitioner, but in any case no longer than 72 hours.

8 “(2) The licensee transmitted the order for the drugs to a registered nurse or to a licensed
9 vocational nurse in an inpatient facility, and if both of the following conditions exist:

10 “(A) The practitioner had consulted with the registered nurse or licensed vocational nurse
11 who had reviewed the patient's records.

12 “(B) The practitioner was designated as the practitioner to serve in the absence of the
13 patient's physician and surgeon or podiatrist, as the case may be.

14 “(3) The licensee was a designated practitioner serving in the absence of the patient's
15 physician and surgeon or podiatrist, as the case may be, and was in possession of or had utilized
16 the patient's records and ordered the renewal of a medically indicated prescription for an amount
17 not exceeding the original prescription in strength or amount or for more than one refill.

18 “(4) The licensee was acting in accordance with Section 120582 of the Health and Safety
19 Code.”

20 8. Section 2266 of the Code states: “The failure of a physician and surgeon to maintain
21 adequate and accurate records relating to the provision of services to their patients constitutes
22 unprofessional conduct.”

23 **FIRST CAUSE FOR DISCIPLINARY ACTION**

24 (Patient A.P.)

25 (Excessive Prescribing/Gross Negligence/Repeated Negligent Acts)

26
27 9. Respondent David Kolinsky, M.D., is subject to disciplinary action under section
28 2234 and/or 2234(b) and/or 2234(c) and/or 2242 and/or 725 in that Respondent was grossly

1 negligent and/or committed repeated acts of negligence and/or engaged in repeated acts of clearly
2 excessive prescribing and/or prescribed dangerous drugs without an appropriate examination in
3 his care and treatment of Patient A.P.¹ The circumstances are as follows:

4 A. Patient A.P. came under Respondent's care and treatment on September 15, 2005. At
5 the time of her first visit, the patient reported taking Norco², 3-6 tablets/day, for pain. Prior
6 medical records were not obtained. A brief history was recorded, stating that the patient has
7 almost constant low back pain since stopping all her high school physical activities, which
8 included cheerleading and track. It was also noted that she had three motor vehicle accidents,
9 which slightly exacerbated her pain each time. A social history was obtained which included
10 tobacco abuse, occasional marijuana and no alcohol use in the last eight months. It was noted that
11 the patient's grandfather was an alcoholic. Respondent's documented physical examination
12 consists of 2 X's marked on a diagram of the back, evidently to indicate areas of pain.
13 Respondent formulated a diagnosis of myofascial pain syndrome-mid and low back. No vital
14 signs were recorded. Respondent's plan was to maintain the patient on Norco, 10/325 mg., one
15 tablet 2-4 times/day.

16 B. Patient A.P. returned to Respondent for six additional visits in 2005. The patient's
17 pain medication was advanced to Percocet³ 10/325 mg., up to five tablets/day. The patient was
18 also receiving prescriptions for Soma⁴ with a dosage of three tablets/day.

19 C. After a hiatus in treatment, Patient A.P. returned to Respondent's care on March 28,
20 2011, at which time she reported being prescribed methadone⁵, four tabs/day. Prior medical
21 records were not obtained. Respondent's history for the patient included pain in the center of her
22 back for 10 years, with occasional shoulder pain, tension headaches and rare aching in the arms

23 ¹ Patient names are abbreviated to protect privacy rights.

24 ² Norco is a trade name for hydrocodone bitartrate and acetaminophen, a controlled
substance and an opiate medication with the potential for habituation and use.

25 ³ Percocet is a trade name for oxycodone and acetaminophen, a narcotic analgesic with
multiple actions similar to those of morphine with a high potential for dependence and abuse.

26 ⁴ Soma (carisoprodol) is a muscle relaxant and a controlled substance, which can have
dangerous additive side effects when taken with opioids.

27 ⁵ Methadone hydrochloride is a controlled substance and an opioid indicated for the
treatment of pain severe enough to require around-the-clock long-term opioid management and
28 for which alternative treatments have failed. Methadone exposes users to the risks of opioid
addiction, misuse and abuse, which can lead to overdose and death.

1 and legs. Via social history, the patient denied any substance abuse, arrests, hospitalizations or
2 rehabilitation group meetings. Respondent repeated his diagnosis of myofascial pain syndrome of
3 the right lower back. He prescribed methadone, 10 mg, 1 to 2 tablets TID, #85.

4 D. The patient returned on April 11, 2011, at which time she reported taking more than
5 six methadone tablets per day without relief. At that time Respondent added oxycodone⁶, 30 mg.,
6 1-3 tablets TID, #90, for additional pain control. No informed consent discussion of the risks of
7 the medications was documented.

8 E. On May 6, 2011, the patient returned and at that time reported that she was taking 10
9 methadone tablets, 10 mg, daily as well as 3 to 4 tablets of oxycodone. Respondent prescribed a
10 two week supply, which included: oxycodone, 30 mg, QID, #60, methadone, 10 mg, 1-3 tablets
11 TID, #150. The patient was instructed to return in two weeks for injections, but she canceled her
12 appointment. Without being seen, she was given a four-week prescription of methadone and
13 oxycodone in the same amounts as previously prescribed. On June 6, 2011, the patient requested
14 an early refill of oxycodone and was issued a prescription for 40 tablets. The patient was also
15 prescribed Valium.⁷ Respondent's note does not reflect an appropriate evaluation of the patient's
16 anxiety, for which Valium was prescribed. She returned on June 17, 2011, at which time she
17 reported taking oxycodone, 4/day, methadone 9/day and Valium 4/day. The note for the visit is
18 sparse, containing very little information. The patient was issued prescriptions for a 60-day
19 supply of methadone, oxycodone and valium. The patient had trigger point injections on August
20 5, 2011, but otherwise was maintained on her regimen of long and short acting opioids and
21 Valium. The patient returned for one final visit on September 23, 2011, when she noted brief
22 (three weeks) benefit from trigger point injections. Again the note is sparse in detail. As in all of
23 Respondent's chart notes for this patient, there are no vital signs, examinations consist of a basic
24 diagram with X's to indicate painful areas but no additional information (i.e., tenderness, range of

25
26 ⁶ Oxycodone is a narcotic analgesic with multiple actions similar to those of morphine.
27 Oxycodone is a controlled substance and is available in combination with other drugs or alone. It
28 can produce drug dependence and, therefore has the potential for being abused.

⁷ Valium is a trade name for diazepam, a benzodiazepine and controlled substance with
the potential for abuse. Valium has the potential for dangerous side effects when taken with
opioid medications.

1 motion, etc.). The patient was issued a prescription for a six week supply of methadone,
2 oxycodone, and Valium in the range of dosage that she had been taking. Patient A.P.'s sister died
3 of an overdose of opioid medications a short time after her last appointment, at which time Patient
4 A.P. entered a drug rehabilitation program and discontinued treatment with Respondent.

5 10. Respondent is guilty of unprofessional conduct and Respondent's certificate is subject
6 to disciplinary action based on his gross negligence, repeated negligent acts and/or excessive
7 prescribing as set forth above and including, but not limited to, the following:

8 A. Respondent inappropriately and excessively prescribed and dispensed opioids and
9 benzodiazepines to Patient A.P.;

10 B. Respondent failed to perform and/or failed to document the basic elements of patient
11 care including but not limited to: a complete history, physical examination with findings, vital
12 signs, informed consent, pain scores, treatment goals and discussion of alternative treatments;

13 C. Respondent failed to recognize signs of drug seeking behaviors, such as early refills,
14 and/or failed to respond appropriately;

15 D. Respondent prescribed methadone in very high doses without EKG monitoring.

16 **SECOND CAUSE FOR DISCIPLINARY ACTION**

17 (Patient A.M.)

18 (Excessive Prescribing/Gross Negligence/Repeated Negligent Acts)

19 11. Respondent David Kolinsky, M.D., is subject to disciplinary action under section
20 2234 and/or 2234(b) and/or 2234(c) and/or 2242 and/or 725 in that Respondent was grossly
21 negligent and/or committed repeated acts of negligence and/or engaged in repeated acts of clearly
22 excessive prescribing and/or prescribed dangerous drugs without an appropriate examination in
23 his care and treatment of Patient A.M. The circumstances are as follows:

24 A. On and before September 15, 2011, Patient A.M., a 59-year-old female, was under
25 Respondent's care and treatment for pain management related to a diagnosis of myofascial pain
26 syndrome. The patient had a history significant for chronic obstructive pulmonary disease,
27 pulmonary fibrosis and a history of cigarette smoking. On the date of the September 15, 2011
28 visit, no vital signs were recorded and no true physical examination was documented or

1 performed. Only diagrams in the chart with marked X's reflect the patient's pain complaints and
2 trigger point injection locations. The patient was prescribed Soma, 350 mg, HS, and Norco, 10
3 mg, 1 tablet Q 4-6 hours.⁸

4 B. On September 23, 2011, Respondent documented that the patient was taking more
5 Norco then prescribed by him. The patient was taking 19 tablets of Norco per day, as well as 4
6 tablets of Soma per day. There is no documented discussion with the patient regarding the risks
7 of exceeding the prescribed dosage of narcotics, nor did Respondent institute urine drug screening
8 testing. Respondent started the patient on trazodone, an antidepressant, and continued the patient
9 on her opioid medication which, other than a short trial of oxycodone, consisted of Norco, 10 mg,
10 #240, in combination with Soma and Valium.

11 C. After May 21, 2012, the patient was not seen by Respondent for a five-month period,
12 apparently due to a surgical procedure that she underwent. However, Respondent continued to
13 prescribe to her during this period so that she obtained an average of eight Norco per day, over
14 three tablets of Soma per day, and three tablets of Valium, 5 mg, per day -- all without any
15 examination by him.

16 D. On and after October 31, 2012, Respondent resumed seeing the patient. His chart
17 notes are sparse, containing little information. Vital signs are routinely omitted and physical
18 examinations generally consist of a diagram with X's to indicate complaints.

19 E. In December, 2012, Respondent was in contact with the patient, first by telephone
20 and then in a face-to-face visit. The patient reported that she had finished all of her Norco early.
21 Respondent's plan was to change the patient's medication to hydromorphone⁹ and he prescribed
22 hydromorphone, 4 mg, #120. However, only eight days later, Respondent also gave the patient a
23 prescription for an additional 240 tablets of Norco. On January 29, 2013, Respondent prescribed
24 an additional 20 tablets of Norco, 10 mg. No rationale for this combination of opioid medications
25 is documented.

26
27 ⁸ The combination of Soma and Norco, sometimes referred to as a Las Vegas Cocktail,
has an effect which mimics heroin and is commonly abused for that reason.

28 ⁹ Hydromorphone hydrochloride, which is marketed under the trade name Dilaudid, is a
potent opioid agonist and controlled substance.

1 F. On February 6, 2013, patient A.M. died at the age of 61 years. The cause of death
2 was found to be acute mixed drug intoxication.

3 12. Respondent is guilty of unprofessional conduct and Respondent's certificate is subject
4 to disciplinary action based on his gross negligence, repeated negligent acts and/or excessive
5 prescribing as set forth above and including, but not limited to, the following:

6 A. Respondent inappropriately and excessively prescribed and dispensed opioids and
7 benzodiazepines to Patient A.M.;

8 B. Respondent failed to perform and/or failed to document the basic elements of patient
9 care including but not limited to: a complete history, physical examination with findings, vital
10 signs, informed consent, pain scores, treatment goals and discussion of alternative treatments;

11 C. Respondent failed to recognize signs of drug seeking behaviors, such as early refills,
12 and/or failed to respond appropriately to the patient's excessive use with urine drug screening
13 tests, reference to CURES reports or termination of care;

14 D. Respondent failed to appropriately monitor a patient with chronic obstructive
15 pulmonary disease and pulmonary fibrosis while taking high doses of opioid medications;

16 E. Respondent excessively prescribed medications containing acetaminophen.

17 **THIRD CAUSE FOR DISCIPLINARY ACTION**

18 (Patient C.B.)

19 (Excessive Prescribing/Gross Negligence/Repeated Negligent Acts)

20 13. Respondent David Kolinsky, M.D., is subject to disciplinary action under section
21 2234 and/or 2234(b) and/or 2234(c) and/or 2242 and/or 725 in that Respondent was grossly
22 negligent and/or committed repeated acts of negligence and/or engaged in repeated acts of clearly
23 excessive prescribing and/or prescribed dangerous drugs without an appropriate examination in
24 his care and treatment of Patient C.B. The circumstances are as follows:

25 A. On and before January 13, 2011, patient C.B., a 39-year-old female, was under
26 Respondent's care and treatment for pain management. In the note for that visit, no vital signs are
27 recorded, no physical examination is documented. Respondent's assessment of the patient is
28 stated as myofascial pain syndrome-low back. His plan is to prescribe MS Contin, 30 mg, TID,

1 #90 and schedule a follow-up in four weeks. The patient was also receiving prescriptions for
2 hydrocodone, 7.5 mg/750 mg, #120. The CURES report for this patient shows that she was also
3 taking a Vicodin elixir prescribed by another physician.¹⁰ Although the patient requested early
4 refill of her hydrocodone, this indicator of medication misuse was not remarked upon by
5 Respondent. At her next visit on February 23, 2011, she reported that she was having spasms 3-5
6 times per day without Soma. Respondent switched the patient's Vicodin to Norco, 10/325 mg,
7 but at the same time prescribed sufficient opioid medication as to enable her to take as many as
8 17 tablets/day of Norco -- a dosage which is excessive.

9 B. In or about March, 2011, the patient apparently relocated to another city. During this
10 time she continued to receive prescriptions for controlled substances from Respondent, without
11 any physical examination or documented communication. She was also obtaining prescriptions
12 for controlled substances from another physician.

13 C. On January 14, 2013, approximately 22 months after her last visit, Patient C.B.
14 returned to Respondent's care. At that time the patient reported having undergone a gastric
15 bypass, however, neither her weight nor her vital signs are recorded. The chart note indicates that
16 the patient was taking Norco, three tablets/day and soma, three tablets/day.¹¹ Over the following
17 months her dosage was increased, so that in May, 2013, Patient C.B. was taking six tablets of
18 Norco and four tablets of Soma each day. On May 17, 2013, Respondent added MS Contin¹², 30
19 mg, TID, #90, to the patient's medication regimen.

20 D. As of July 12, 2013, Patient C.B. was taking MS Contin, 4-5 tablets/day, Norco, 6
21 tablets/day and Soma, 4-5 tablets/day, which were prescribed by Respondent. In addition, she
22

23 ¹⁰ CURES (Controlled Substance Utilization Review and Evaluation System) is a database
24 of Schedule II, III and IV controlled substance prescriptions dispensed in California serving the
25 public health, regulatory oversight agencies, and law enforcement. In his interview with the
Board's investigator, Respondent acknowledged that he did not review CURES reports during the
period that Patient C.B. was under his care.

26 ¹¹ See fn. 8, *supra*.

27 ¹² Morphine sulfate is a controlled substance and a potent opioid intended for the
28 management of pain severe enough to require daily, around-the-clock, long-term opioid
management and for which alternative treatment options are inadequate. Morphine sulfate tablets
expose patients and other users to the risks of opioid addiction, abuse, and misuse, which can lead
to overdose and death.

1 was taking clonazepam, 1 mg, #45, that she was receiving from another physician. Respondent
2 was not utilizing the CURES reporting system and failed to discover that the patient was utilizing
3 multiple providers to obtain additional drugs.

4 E. On July 15, 2013, Patient C.B. died after an overdose of her prescribed medications.
5 The cause of death was acute morphine intoxication.

6 14. Respondent is guilty of unprofessional conduct and Respondent's certificate is subject
7 to disciplinary action based on his gross negligence, repeated negligent acts and/or excessive
8 prescribing as set forth above and including, but not limited to, the following:

9 A. Respondent inappropriately and excessively prescribed and dispensed opioids and
10 other dangerous drugs to Patient C.B.;

11 B. Respondent failed to perform and/or failed to document the basic elements of patient
12 care including but not limited to: a complete history, physical examination with findings, vital
13 signs, informed consent, pain scores, treatment goals and discussion of alternative treatments;

14 C. Respondent prescribed controlled substances without a face-to-face visit, documented
15 physician/patient communication or appropriate examination;

16 D. Respondent failed to recognize signs of drug seeking behaviors, such as early refills,
17 utilizing multiple pharmacies and obtaining medications from other physicians, and/or failed to
18 respond appropriately to the patient's excessive use with urine drug screening tests, reference to
19 CURES reports or termination of care.

20 **FOURTH CAUSE FOR DISCIPLINARY ACTION**

21 (Patient C.H.)

22 (Excessive Prescribing/Gross Negligence/Repeated Negligent Acts)

23 15. Respondent David Kolinsky, M.D., is subject to disciplinary action under section
24 2234 and/or 2234(b) and/or 2234(c) and/or 2242 and/or 725 in that Respondent was grossly
25 negligent and/or committed repeated acts of negligence and/or engaged in repeated acts of clearly
26 excessive prescribing and/or prescribed dangerous drugs without an appropriate examination in
27 his care and treatment of Patient C.H. The circumstances are as follows:
28

1 A. In and before August 8, 2012, Patient C.H., a 28-year-old female, was under
2 Respondent's care for pain management. The record for the August 8 visit indicates that the
3 patient was on high doses of opioid medications, including: fentanyl¹³, 75 µg, two patches Q 72
4 hours, #20, oxycodone, 30 mg, 2-3 tablets QID, #140, methadone, 10 mg, 7 tablets QID, #400,
5 resulting in an approximate daily morphine equivalent dosage (MED) far exceeding 1 gram/day.
6 Despite the seriousness of her condition, as indicated by the extreme high dose opioid therapy,
7 Respondent's note is cursory, lacks vital signs or a documented physical examination. A diagram
8 with X's indicates locations of trigger point injections. Respondent's diagnosis for this patient, as
9 with the other patients charged herein, is myofascial pain syndrome, with pain to the right
10 shoulder described as radiating into the right arm and right paraspinal pain resulting in headaches.

11 B. Patient C.H. continued under Respondent's care through January 2014, during which
12 time her opioid dosage was tapered somewhat, but she was still being maintained on high dose
13 opioid therapy. Patient C.H. was also obtaining prescriptions for controlled substances from
14 other physicians. Despite repeated patient requests for additional medication and other drug
15 seeking behaviors, Respondent failed to utilize the CURES reporting system to ascertain whether
16 the patient was exceeding the dosage he prescribed. While the patient was seen frequently,
17 records of the visits uniformly lack vital signs, history and other pertinent information relating to
18 the patient's condition.

19 C. On January 7, 2014, Patient C.H. had her last office visit with Respondent. The
20 patient was then taking oxycodone, 30 mg, 6/day. Respondent gave the patient a prescription for
21 oxycodone, 30 mg, two tablets TID, #180. Albeit there is no record of it in his chart, he also
22 issued a prescription for methadone, 10 mg, #420, which was found to be in the patient's
23 possession after her death by overdose on January 25, 2014.

24 16. Respondent is guilty of unprofessional conduct and Respondent's certificate is subject
25 to disciplinary action based on his gross negligence, repeated negligent acts and/or excessive
26 prescribing as set forth above and including, but not limited to, the following:

27 _____
28 ¹³ Fentanyl is a potent synthetic opioid analgesic. It is a controlled substance with a high
potential for habituation and abuse.

1 A. Respondent inappropriately and excessively prescribed and dispensed opioids and
2 other dangerous drugs to Patient C.H.;

3 B. Respondent failed to perform and/or failed to document the basic elements of patient
4 care including but not limited to: a complete history, physical examination with findings, vital
5 signs, informed consent, pain scores, treatment goals and discussion of alternative treatments;

6 C. Respondent failed to recognize signs that the patient was exceeding her prescribed
7 dosage of opioid medications and failed to utilize the CURES system to detect her drug abuse;

8 D. Respondent prescribed methadone in very high doses without EKG monitoring.

9 **FIFTH CAUSE FOR DISCIPLINARY ACTION**

10 (Patient B.S.)

11 (Excessive Prescribing/Gross Negligence/Repeated Negligent Acts)

12 17. Respondent David Kolinsky, M.D., is subject to disciplinary action under section
13 2234 and/or 2234(b) and/or 2234(c) and/or 2242 and/or 725 in that Respondent was grossly
14 negligent and/or committed repeated acts of negligence and/or engaged in repeated acts of clearly
15 excessive prescribing and/or prescribed dangerous drugs without an appropriate examination in
16 his care and treatment of Patient B.S. The circumstances are as follows:

17 A. Beginning on July 2, 2012, Patient B.S. a 35-year-old male with a history of an
18 industrial accident, came under Respondent's care. B.S. had been on a regimen of NSAID
19 medications, a muscle relaxer and Tramadol¹⁴ for chronic neck, shoulder and back pain.
20 Respondent changed his medications to include Norco, 10/325 mg, #180, and Soma, 350 mg.,
21 #90. No vital signs were recorded at the first or subsequent visits, the history obtained was sparse
22 and the physical examination generally consisted of a diagram with painful areas shaded in and/or
23 trigger point injection sites. No explanation for changing the patient's conservative management
24 to opioid therapy was documented, nor was the justification for the dosage explained. As in other
25 cases, Respondent's diagnosis was myofascial pain syndrome. Respondent also prescribed Xanax
26 for "anxiety." After beginning treatment, B.S. began to exhibit "red flag" drug seeking behaviors,

27 _____
28 ¹⁴ Tramadol, which is marketed under the trade name Ultram, is a narcotic-like pain
medication and a controlled substance.

1 including "lost" medications, obtaining controlled substances from multiple physicians and
2 exceeding the prescribed dosage.

3 B. On November 24, 2012, Patient B.S. was taken to a local hospital for a suspected
4 drug overdose. The ER physician charted: "Patient is narcotic and benzodiazepine addicted and
5 drug seeking with manipulative behavior to obtain these medications. Has overdosed on
6 sertraline and Xanax, does not eat regularly, urinates on self and does not change clothes, is both
7 a danger to himself and gravely disabled. I placed him on 5150 and he will be medically cleared
8 by psychiatric evaluation." Per the hospital chart notes, the ER physician also contacted
9 Respondent and advised him of the patient's visit and the need for emergency psychiatric
10 services. A gap in treatment followed, albeit the patient appears to have obtained at least one
11 prescription for benzodiazepines without a face-to-face visit. The patient had two more overdose-
12 related hospitalizations in January and February 2015.

13 C. On April 26, 2016, Patient B.S. returned to Respondent's care. An interim history
14 includes treatment by other physicians, but no mention of the patient's narcotic and
15 benzodiazepine abuse or dependence. Without a documented rationale, Respondent resumed
16 prescribing Norco, 10/325 mg, #120. During this period, the patient was also obtaining
17 prescriptions for controlled substances from other physicians.

18 D. On January 13, 2017, Respondent's chart includes, for the first time, a CURES report
19 showing all of Patient B.S.' prescriptions. Respondent had the patient sign a medication
20 agreement, also for the first time, on that date. On February 17, 2017, Respondent charted that
21 the patient "took 10 Norco/day ~ 2 weeks ago. Was given Ultram/Clonidine at ER and continued
22 by me. Patient told no more Norco due to carelessness with script." Respondent discharged the
23 patient from his practice at that time.

24 18. Respondent is guilty of unprofessional conduct and Respondent's certificate is subject
25 to disciplinary action based on his gross negligence, repeated negligent acts and/or excessive
26 prescribing as set forth above and including, but not limited to, the following:

27 A. Respondent inappropriately and excessively prescribed and dispensed opioids and
28 other dangerous drugs to Patient B.S.;

1 B. Respondent failed to perform and/or failed to document the basic elements of patient
2 care including but not limited to: a complete history, physical examination with findings, vital
3 signs, informed consent, pain scores, treatment goals and discussion of alternative treatments;

4 C. Respondent failed to recognize signs that the patient was exceeding his prescribed
5 dosage of opioid medications and failed to utilize the CURES system to detect his drug abuse.

6 **SIXTH CAUSE FOR DISCIPLINARY ACTION**

7 (Patient S.L.)

8 (Excessive Prescribing/Gross Negligence/Repeated Negligent Acts)

9 19. Respondent David Kolinsky, M.D., is subject to disciplinary action under section
10 2234 and/or 2234(b) and/or 2234(c) and/or 2242 and/or 725 in that Respondent was grossly
11 negligent and/or committed repeated acts of negligence and/or engaged in repeated acts of clearly
12 excessive prescribing and/or prescribed dangerous drugs without an appropriate examination in
13 his care and treatment of Patient S.L. The circumstances are as follows:

14 A. On November 17, 2011, Patient S.L., a 32-year-old female came under Respondent's
15 care for low back pain with sciatic pain radiating into the left leg. No prior medical records or
16 films were obtained and the etiology of the patient's low back pain is not documented. No vital
17 signs are recorded. A physical examination, consisting of a diagram of trigger point injection
18 sites is the extent of the workup. The patient gave a history of pain medication use that included
19 Norco, oxycodone, oxycontin and Tramadol, although the dosages for these medications are not
20 documented. Respondent did not obtain a CURES report, which would have revealed that the
21 patient was seeing multiple physicians and obtaining prescriptions for hydrocodone/APAP,
22 10/325 mg. Without a documented rationale, Respondent diagnosed Patient S.L. with myofascial
23 pain syndrome, left low back, and he began S.L. on a treatment plan that included trigger point
24 injections and long-acting (methadone) and short-acting (Norco) opioid medications.

25 B. Respondent continued to treat Patient S.L. through July 7, 2014. During this period,
26 she frequently exceeded the recommended maximum dosage for Norco and methadone. While he
27 noted this excessive use, Respondent maintained the patient on her extremely high dose opioid
28 therapy for several years before beginning to taper her medications in early 2014. For extended

1 periods of time, Patient S.L. was on a potentially lethal daily dose of opioids ranging as high as
2 2,000 mg/day morphine equivalent dosing (MED) in January 2012, and not decreasing below
3 1,000 mg/day MED until approximately August, 2014. At no time did Dr. Kolinsky obtain the
4 patient's prior medical records, obtain X-rays/imaging, obtain urine drug screening, refer the
5 patient to pain management or physical therapy or comply with the elements of sound medical
6 practice required by the standard of care. Albeit the patient was prescribed methadone, EKG
7 studies were not ordered.

8 20. Respondent is guilty of unprofessional conduct and Respondent's certificate is subject
9 to disciplinary action based on his gross negligence, repeated negligent acts and/or excessive
10 prescribing as set forth above and including, but not limited to, the following:

11 A. Respondent inappropriately and excessively prescribed and dispensed opioids and
12 other dangerous drugs to Patient S.L.;

13 B. Respondent failed to perform and/or failed to document the basic elements of patient
14 care including but not limited to: a complete history, physical examination with findings, vital
15 signs, informed consent, pain scores, treatment goals and discussion of alternative treatments;

16 C. Respondent failed to recognize signs that the patient was exceeding her prescribed
17 dosage of opioid medications and failed to utilize the CURES system to detect her drug abuse;

18 D. Respondent prescribed methadone in very high doses without EKG monitoring.

19 **SEVENTH CAUSE FOR DISCIPLINARY ACTION**

20 (Inadequate and Inaccurate Medical Records)

21 (All Patients)

22 21. Complainant incorporates the allegations of the First through the Sixth Causes for
23 Disciplinary Action as though fully set out here. Respondent is guilty of unprofessional conduct
24 and Respondent's certificate is subject to disciplinary action for violation of Section 2266 of the
25 Code for failure to keep adequate and accurate medical records.

26 //

27 //

28 //

PRAYER

WHEREFORE, Complainant requests that a hearing be held on the matters herein alleged, and that following the hearing, the Board issue a decision:

1. Revoking or suspending Physician's and Surgeon's Certificate Number A60010, issued to Respondent David Kolinsky, M.D.;
2. Revoking, suspending or denying approval of Respondent David Kolinsky, M.D.'s authority to supervise physician assistants and advanced practice nurses;
3. Ordering Respondent David Kolinsky, M.D., if placed on probation, to pay the Board the costs of probation monitoring; and
4. Taking such other and further action as deemed necessary and proper.

DATED: June 29, 2017


KIMBERLY KIRCHMEYER
Executive Director
Medical Board of California
State of California
Complainant

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